

# 2024 Waka Ama Long Distance Nationals

Te Uranga O Te Rā - Gisborne, Tairāwhiti

Thursday 3rd – Sunday 6th October 2024

**Pānui 3**

Te Uranga o Te Rā in association with Waka Ama New Zealand (WANZ), is proud to host the 2024 Waka Ama Long Distance Nationals (LDNs) to be held at Oneroa (Midway Beach), Gisborne.

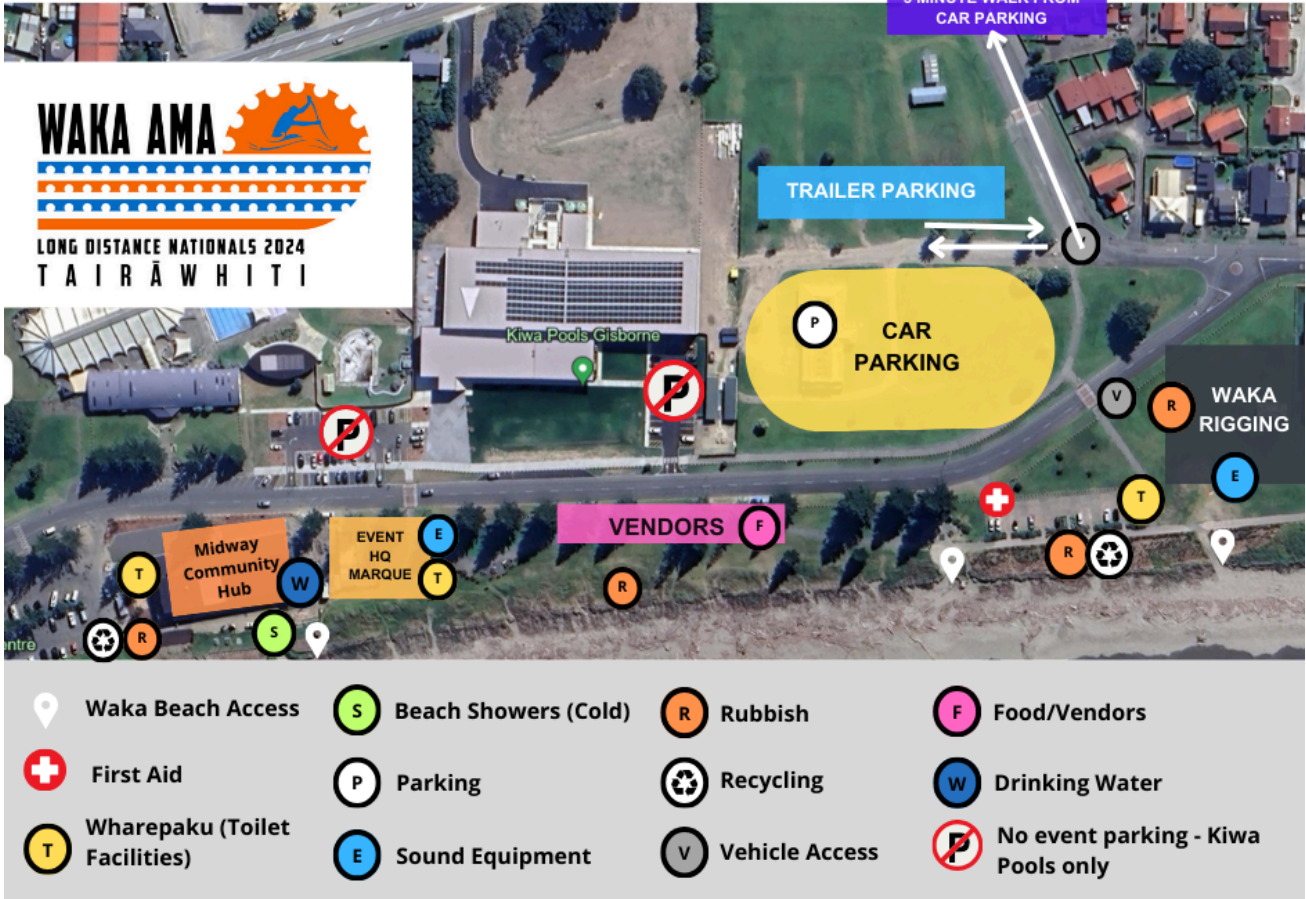


UPDATED SITE MAP

# Waka Ama Long Distance Nationals - Event Map



TO AWAPUNI SCHOOL - SATURDAY NIGHT PRIZEGIVING/KAI. 3 MINUTE WALK FROM CAR PARKING



The venue is based at Oneroa Beach / Midway Surf Rescue Community Hub, 40 Centennial Ave, Gisborne. The reserve as per the site map will be the event HQ and where the following is located

- Registration and Administration
- Merchandise
- Kaumatua and accessible parking / toilet facilities
- Vendors

Further down the reserve frontage, towards the port will be:

- First Aid
- Safety checks and rigging for all waka
- Accessible portaloo

## PŌWHIRI

The pōwhiri will take place onsite at the event area next to the Midway Community Hub building, at **8 am on Thursday, October 23rd**, please be ready onsite by 7.45 am.

## PARKING

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### Car Parking

Public car parking will be on the roads and streets surrounding the venue. There will also be some car parking in the front portion of Churchill Reserve - see map. There is to be NO public car parking in the back part of the Churchill Ave trailer parking area. Please follow the instructions of the parking volunteers.

### Trailer Parking

Is in the front part of Churchill Reserve, closest to the gravel road. Trailer parking is not permitted at the back of this area. Please follow the instructions of the parking volunteers.

### Accessible parking

There is some Accessible parking close to the event hub area. Please display your mobility pass at all times.

## W1 and W6 Drop off

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W1 and W6 drop-off and rigging areas will be as per the site map. Please note there will be car/trailer access on Wednesday afternoon from 2 pm, and from 6 am - 8 am on Thursday. There will be no car/trailer access until after racing on both Friday and Saturday.

### Waka Trolleys & Tyres

Please bring your trolley to assist in moving your waka. There will be space on the beach for canoes during the day, canoes can be left on the grass overnight.

## FACILITIES

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There will be portaloos on site as per the site plan. There are waste bins onsite, which will be emptied regularly. Please respect the whenua and ensure we leave the area tidy.

### Wheelchair Accessible Toilets

There is an accessible toilet at the bottom of the Community Hub building. There will also be an accessible portable toilet near the waka rigging/storage area.

## VENDORS

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Please bring cash/efpos for the vendors who will be selling a range of kai, clothing, merchandise, coffee and paddling equipment.

The Kiosk at the Midway Community Hub sells a mix of cold and hot food and coffee.

The Tahu restaurant is located inside the Midway Community Hub and serves beautiful kai with awesome scenery - perfect for watching the racing. Open for lunch and dinners. Bookings are essential -

<https://tahu.co.nz/>

## TIDES DURING THE EVENT

	High Tide	Low Tide
Thursday 3rd October	7:13 am 1.8m	1:16 pm 0.7m
Friday 4th October	7:54 am 1.8m	1:57 pm 0.7m
Saturday 5th October	8:34 am 1.8m	2:38 pm 0.7m

## PADDLER KAI

### THURSDAY, FRIDAY & SATURDAY

- A small kai will be available to all paddlers after their races onsite at the event reserve on Thursday, Friday & Saturday
- Please note, this is only for the paddlers that are racing on those days.

### SATURDAY MAIN PADDLER KAI

- Main Paddler Kai will be served from Awapuni School Hall from 5:00 pm
- For this kai - all paddlers will be given a wristband when their W6 teams complete registration.
- The wristband entitles each paddler to receive one hangi meal Saturday October 5th
- Those paddlers not in the W6 team on Saturday will need to come to registration for a wristband.

There are no extra paddler meals available for sale – supporters and spectators are welcome to purchase kai from food vendors on-site or from local cafes/restaurants.

## PRIZEGIVING AND SATURDAY PADDLER KAI

Prizegiving and Saturday paddler kai will take place at Awapuni School, 129 Awapuni Rd, Gisborne. **Kai will be available from 5pm on presentation of your paddler wristband.** There is very limited additional parking closer to the school. Please leave your vehicles at the event and walk the 500m to the school following the arrows on the map.



## Updated Race Schedule - 6pm Tuesday October 1st

UPDATED - EVENT SCHEDULE	
<b>WEDNESDAY OCTOBER 2nd</b>	
2 pm – 8 pm	Trailer Parking and Administration areas open
6pm	Safety Boat Driver/Helper Event briefing
<b>THURSDAY OCTOBER 3rd</b>	
TBC	Pōwhiri, Midway Community Hub (registration desk & safety checks open)
Approx 2 pm	<b>Registration &amp; Safety checks</b> for Races 3 & 4 open
6pm	<b>Race Briefing for Race 3 &amp; 4 at event venue</b>
<b>FRIDAY OCTOBER 4th</b>	
6.15 am - 12 pm	Trailer Parking and Administration areas open <b>Last Registration &amp; Safety checks</b> for Races 3 & 4 open
8.30am	<b>Pre race update (steerers only) for Race 3</b> - W6 Junior, Adaptive and Open Short-course
9.30am	<b>Race 3 Race Start</b>
11.30am	<b>Pre race update (steerers only) for Race 4</b> - Senior Women W6, J16 and Adaptive W1
12.30pm	<b>Race 4 Race Start</b>
2 pm - 6 pm	<b>Registration &amp; Safety checks</b> for Races 5 & 6 open
Approx 4pm	Prizegiving at event venue for <b>J16, Adaptive, Short Course events</b>
Approx 6pm	<b>Race Briefing for Race 5 at event venue (after prizegiving)</b>
<b>SATURDAY OCTOBER 5th</b>	
6.15 am - 11 am	<b>Registration &amp; Safety checks</b> for Races 5 & 6 open
8.30am	<b>Pre race update (steerers only) for Race 5</b> - Mixed W6, Open W4, & J16 W1
9.30am	<b>Race 5 Race Start</b>
11.00am	<b>Race briefing for Race 6</b> - Men W6
12.30pm	<b>Race 6 Race Start</b>
12.30 pm – 4 pm	<b>Registration</b> for Races 1 & 2 open. <b>Safety checks</b> for Races 1 & 2 open <b>until 4.00pm only</b>
5 pm	Post-event kai and Prizegiving, Awapuni School Hall, Awapuni Rd
Approx 5:30 pm	<b>Day 2 Prizegiving – Awapuni School - Women’s W6, and all Saturday events</b> <b>Air Tahiti Nui Draw - you must be present to win</b>

SUNDAY OCTOBER 6th	
6 am - 7.00 am	Registration & Safety checks for Races 1 & 2 open
7.00 am	Race briefing for Race 1
8.00 am	Race 1 Race Start
10.00 am	Race briefing for Race 2
11am	Race 2 Race Start
Approx 1pm	Prizegiving at event venue - all Sunday events

## RACE PROGRAMME - updated (1st Oct 6pm)

### Friday October 4th

Race briefings for Race 3 & 4 will take place at 6pm, Thursday October 3rd at the Midway Surf Rescue Community Hub

#### Race 3 - Junior, Adaptive, Open Short Course Pre race update (steerers only): 8.30 am Race Start: 9.30 am

SHORT COURSE - J16, M75, M80 - Men, Women, Mixed	W6	10km
SHORT COURSE** - Open - Men, Women, and Mixed	W6	10km
ADAPTIVE - Mixed	W6	10km

\*\*Not a medal category

#### Race 4 - Junior, Adaptive W1, Women W6 Pre race update (steerers only): 11.30 am Race Start: 12.30 pm

WOMEN - Open, Master, Snr Master	W6	24km
WOMEN - J19, Gld Master, Master 70	W6	16km
J16 Women	W1 Rudder	10km
J16 Men	W1 Rudder	10km
ADAPTIVE - Women	W1	10km
J16 Women & Mixed	W2/W3	10km
J16 Men	W2/W3	10km
ADAPTIVE - Men	W2/W3	10km

PRIZEGIVING DAY 2\* - within 30 minutes of last competitor finishing

## Saturday October 5th

**Race briefings for Race 5 will take place the day beforehand on Friday October 4th at the Midway Surf Rescue Community Hub**

### Race 5 - Junior, Adaptive W1, W4 Open, W6 Senior Mixed Pre race update (steerers only): 8.30 am Race Start: 9.30am

MIXED - Open, Master, Snr Master	W6	24km
MIXED - J19, Gld Master, Master 70	W6	16km
W4 - NEW ** - Open - Men, Women, and Mixed	W4	24km
J16 Women	W1 Rudderless	10km
J16 Men	W1 Rudderless	10km
ADAPTIVE - Men	W1	10km
ADAPTIVE - Women & Mixed	W2/W3	10km

\*\*Not a medal category

### Race 6 - W6 Men Race Briefing: 11 am Race Start: 12.30 pm

MEN - Open, Master, Snr Master	W6	24km
MEN - J19, Gld Master, Master 70	W6	16km

PRIZEGIVING DAY 3 \* - 5 pm, Awapuni School, Awapuni Rd, Gisborne

## UPDATED - Sunday October 3rd

### Race 1 - Men's Rudderless, Women's Rudderless, Women/Mixed W2 & W3 Race Briefing: 7 am Race Start: 8 am

WOMEN - Open, Master, Snr Master	W1 Rudderless	16km
WOMEN - J19, Gld Master, Master 70, M75, M80	W1 Rudderless	10km
MEN - Open, Master, Snr Master	W1 Rudderless	16km
MEN - J19, Gld Master, Master 70, M75, M80	W1 Rudderless	10km
WOMEN - Open, Master, Snr Master	W2/W3	16km
WOMEN - J19, Gld Master, Master 70, M75, M80	W2/W3	10km
MIXED - Open, Master, Snr Master	W2/W3	16km
MIXED - J19, Gld Master, Master 70	W2/W3	10km

**Race 2 - Women's Rudderless, Men's Rudderless, Men W2 & W3**  
**Race briefing: 10 am**  
**Race Start: 11 am**

<b>WOMEN - Open, Master, Snr Master</b>	W1 Rudderless	16km
<b>WOMEN - J19, Gld Master, Master 70, M75, M80</b>	W1 Rudderless	10km
<b>MEN - Open, Master, Snr Master</b>	W1 Rudderless	16km
<b>MEN - J19, Gld Master, Master 70, M75, M80</b>	W1 Rudderless	10km
<b>MEN - Open, Master, Snr Master</b>	W2/W3	16km
<b>MEN - J19, Gld Master, Master 70, M75, M80</b>	W2/W3	10km

**PRIZEGIVING DAY\*** - within 30 minutes of last competitor finishing

### BACKUP RACE DAY

If the weather or sea conditions make it unsafe to paddle any one of the allocated races then **Sunday 6th October** is the backup race day. Paddlers are advised to make plans to be available that day.

**As previously advised earlier this evening, October 1st, ALL Thursday racing has been moved to Sunday. New Event Schedule and Race Schedule are as above.**

### RACE RULES

Race Rules can be found online here: <https://wakaama.co.nz/pages/view/1005147>

- **PFD's** – All J16 and Novice paddlers/Teams must wear PFD's to race. All others must have them readily available in the waka. Should the conditions require it – The Race Director may advise that it is compulsory for all paddlers to wear their PFD.
- **Spray Skirts:** All W6 must-have spray skirts. These will be required to be fitted for the safety check.
  - For W2/W3 that cannot be fitted with sprayskirts - paddlers will be required to wear their PFDs and have onboard 1 bailer per person (W2 = 2, W3 = 3)
- **Only 1 Entry in a division** – As per the race rules: There must be a minimum of two (2) paid entries for a programmed race to be run. If there is only one entry for a race, the organising committee may combine this entry with another race; but shall inform the affected paddler or team, and in any case, identify their results in relation to the programmed race.
  - We will be making contact with those clubs that only have 1 entry in a division to advise the new division for that paddler/team.
  - Please note: there are no medals awarded for divisions with only 1 entry.
- **Race Briefings** - One (1) member of each crew will be required to attend the race briefing and sign the briefing check-in form
- **Racing Uniforms** - Paddlers are required to wear uniform tops for their racing. All paddlers in any one team shall wear the same uniform (Tops) in all but the mixed events - any differences in uniform may only be between the male and female paddlers.



## COMPETITORS' ABILITY

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We are providing opportunities for experienced and capable crews, and individuals in age categories from J16 and above. The term “experienced” means that teams and individuals have experience in sea conditions. All Clubs are responsible for ensuring that all paddlers are competent in the divisions that they have been entered into. The Race Director has the discretion to withdraw a team or an individual who is deemed to be unfit or unprepared to complete the race.

The short course race will provide an opportunity to those paddlers who are experienced, but are unable to complete the senior distance – the short course events will not be eligible for medals. **J16 and Short Course events will be held on the safest course for that day, depending on weather and sea conditions.**

## LATE FEE PENALTIES

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Any late additions/changes made after entries close on September 5th 2024, will incur a \$20 per paddler late fee, e.g. division changes, paddler swap, additions.

**Any club that withdraws teams after being invoiced will still be charged the full entry fee.**

All team entries are to be entered via the Waka Ama New Zealand website through your Club Coordinator.

## REFUND POLICY

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- No refunds will be given for any withdrawals after September 17th when the roster is closed
- No refund will be given if the event is cancelled due to a natural disaster or extreme weather should the event be cancelled after Monday September 30th, 2024.

## EVENT TIKANGA

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All venues used by our event are drug, alcohol, vape and smoke-free. Please respect our whānau and whenua. You will be asked to leave the venue if the rules are not followed.

This includes the Awapuni School Hall, and all car parks surrounding the venues.



## MERCHANDISE

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There will be limited merchandise available to purchase at the venue. If there is a demand, online orders may be reopened after the event.

## AIR TAHITI NUI - DOUBLE TICKET PRIZE DRAW

### Go in the draw to win one of 2 x double tickets on Air Tahiti Nui

- Paddlers must register their name to go in the draw for the Air Tahiti Nui one of two Air Tahiti Nui Prizes drawn on Saturday 5th October. (Names must be registered before Prizegiving on 5th October)
- Names are to be registered by **3pm Saturday October 5th, 2024**
- To register, you must add your name, email and contact phone number onto the ipad entry screen found at the event HQ marquee.
- Names may only be registered once.
- Only paddlers competing in the Waka Ama NZ Long Distance Nationals may have their name registered.
- Each Prize will include 2 x Return Tickets from Auckland to Tahiti - flying Air Tahiti Nui
- The tickets must be used before December 31st 2025.
- The winning paddler must use the ticket to travel to Tahiti and take part in a Va'a race (V6, V12, or V1) before the end of 2025\*
- Should the tickets not be used by the end of 2025, they will become void
- Airport Taxes, Race entry fees, accommodation and transport are not covered in the prize
- Paddlers who are under 18 must be accompanied by an adult to and from Tahiti
- Winners will be provided with a letter outlining all information and contact details to contact Air Tahiti Nui directly to arrange tickets
- By entering into this competition you consent to your email addresses being passed onto Air Tahiti Nui, who may contact you directly about upcoming flight promotions.
- You must be present at the prize draw to claim your prize. This will occur at the end-of-event major prizegiving on Saturday October 5th, at Awapuni School. In the event that racing is postponed a day, then the final prizegiving will be held on Sunday October 6th.
- Winners are encouraged to tag Air Tahiti Nui and Waka Ama NZ in their social media posts wherever possible.



\* WANZ can provide you with information and calendar to help you choose which race to attend

## NGĀ MIHI

We would like to extend a massive mihi to the below organisations for supporting this event

- |                             |                             |
|-----------------------------|-----------------------------|
| ● Gisborne District Council | ● Ngai Tawhiri              |
| ● Te Puni Kokori            | ● Hāpai Te Hauoro           |
| ● Coastguard Gisborne       | ● Air Tahiti Nui            |
| ● Eastland Port             | ● Medical Assurance Society |
| ● Tairāwhiti Voyaging Trust | ● Awapuni School            |
| ● Trust Tairāwhiti          | ● Turanga Health            |
| ● Midway Community Hub      | ● Pure Athletic             |

UPDATED COURSE MAPS - [Click here to download course maps](#)

### LDN Course A



### LDN Course B



## Alternative LDN Course C - launching from Kaiti Beach



### THINGS TO DO WHILE YOU'RE IN TOWN

**Te Tairāwhiti Arts Festival is proud to announce the return of Te Ara i Whiti - The Light Trail**

**4 October, 5pm - 10pm | 5 October - 13 October, 12pm - 10pm**

Kelvin Park, Cnr Stout St & Fitzherbert St

In 2024 Te Ara i Whiti brings together an outstanding group of artists from across Aotearoa and the Pacific who are creating artworks that speak primarily of aroha, kotahitanga and hope for a generous and empowered shared future for our mokopuna

Te Ara i Whiti is an interactive visual arts experience primarily composed of illuminated installations and sculptural works that celebrate contemporary design and connections to place. The opening night of Te Ara i Whiti, Ara Rā will take place in the marina car park on Friday 4th October from 5pm - 10pm where there will be Live music and local Kai carts to keep the whole whānau entertained. Nau mai!

<https://tetairawhitiartsfestival.nz/events/te-ara-i-whiti-3/>

**Kiwa Pools** - right across the road from the event venue!

Winter Opening Hours - Indoor pools - Mon - Fri 6am - 8pm, Sat - Sun 6am - 6pm

Leisure and toddler's splash pad pool 10am - 6pm

Indoor pools and facilities:

- 50m multi-purpose lane swimming. Pool temp 27 and pool depth 2m
- Leisure pool for 4-6yrs with toddler's pool. Pool temp 29. Splashpad to 1.2m deep.
- 18m x 12m learn to swim / hydrotherapy pool. Pool temp 31 and pool depth 1.2 to 1.4m
- Indoor changing rooms with a tog spinner
- Hot Showers available to purchase for Waka Ama Event paddlers
- Outdoor pools and facilities are closed

**Gisborne Farmers market**

9.30 am - 12.30 pm, Every Saturday, Stout Street, Whataupoko - <https://www.gisbornefarmersmarket.co.nz/>

**QUESTIONS AND ENQUIRIES**

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For any further information please go to the event page [2024 Long Distance Nationals](#) or contact us at [events@wakaama.co.nz](mailto:events@wakaama.co.nz)